

ABSTRACT OF THE DISCLOSURE

A toner is used in an image forming process employing a toner recycling system and contains at least a modified polyester resin, a coloring agent, and a releasing agent. The toner has a volume-average particle diameter D_v , a number-average particle diameter D_n and a shape factor SF-1, wherein D_v is in a range from 4.0 μm to 6.0 μm , the ratio D_v/D_n of D_v to D_n is in a range from 1.00 to 1.30, and the shape factor SF-1 is in a range from 140 to 200.